

SOUTH BRUNSWICK TOWNSHIP PRESENTS

YOGA CLASSES



**\$120
FOR 10
SESSIONS
OR
\$15 WALK-IN**

FOR KIDS 9 - 14 YEARS

Om Yoga

Instructor: Meghan K, Yoga Alliance Certified

**DATES: THURSDAYS FROM OCT 11 - DEC 20, 2018
FROM 5:00 PM - 6:00 PM. NO PROGRAM ON NOV 22.**

**LOCATION: SOUTH BRUNSWICK RECREATION
CENTER, WOODLOT PARK, 124 NEW ROAD,
MONMOUTH JUNCTION, NJ 08852**

- ✓ Free your mind, body & spirit
- ✓ Strengthen and stretch your body
- ✓ Feel the physical and mental benefits of Yoga

Please register by arriving 10 minutes prior to start of class or call 732-910-2158