

# SOUTH BRUNSWICK TOWNSHIP DEPARTMENT OF PARKS & RECREATION PRESENTS **NOVEMBER 2018** PROGRAMS

Visit our website at [www.sbtnj.net](http://www.sbtnj.net) Click "Recreation" on top.

**All Programs are held at the SB Community Center, Woodlot Park, 124 New Rd, Monmouth Junction unless otherwise noted.**

**NOVEMBER OPEN BASKETBALL for SB youth residents has started. ID's must be shown to participate. \*All times are subject to change\***

**Grades 5- 8:** Monday & Wednesday: 3pm-5pm, Saturday: 12:00pm-2:00pm\* (No Nov. 12 & 24) (Nov. 21 1pm-4:30pm ONLY) (Nov. 5, 7, 1pm -5pm)

**Grades 9-12:** Tuesday & Thursday: 3pm-5pm, Saturday: 2:00pm-4:00pm\* (No Nov. 6, 22, 24) (Nov. 8, 1pm-5pm) MUST also be registered on our Community Pass Registration System to be able to participate.

**Ages 19 – 29:** Tuesday & Friday: **8:00pm-10:00pm\***

**OPEN VOLLEYBALL** for SB High School students has started at the SB Community Center Gym from **3pm - 5pm\* on Fridays.** (Nov. 9, 1pm-5pm) (No Nov. 23)

**NEW Yoga Programs for KIDS & ADULTS** at the Community Center. Adult classes are held on Tuesdays from 9:30am -11am. Classes for children, ages 9 -14 are held on Thursdays from 5pm-6pm. For more information and how to register, please call 732-910-2158 or email [meghanakaranjkar@yahoo.com](mailto:meghanakaranjkar@yahoo.com)

**NEW Ms. Lindsay's Lil' Rockers "Music In The Park"**, Ages 1- 6 on Sundays from 9am-9:45am at Beech Woods Park, 137 Beekman Road, Monmouth Junction. Starting **Sat., Nov 3** the music program will be moved to the Community Center. To register or for more information visit [www.ms Lindsay says lil rockers.com](http://www.ms Lindsay says lil rockers.com)

**Jazzercise** is one of the best workout programs for both cardio dance and strength training. Classes are held in the mornings at the SB Community Center and in the evenings at the SB Senior Center. For more information, visit [jazzercise.com](http://jazzercise.com) Search South Brunswick, NJ

**KidzArt After School Program** is a fun & unique art class for Grades K-6. Today's world requires creative thinking skills. Visit <https://campscui.active.com/orgs/KidzArtMonmouth>

**Bricks4Kidz After School Enrichment** Grades K – 8th. The curriculum will introduce children to engineering, architecture and scientific principles including Robotics, while having fun with Lego Bricks. For more information, visit [www.bricks4kidz.com/345](http://www.bricks4kidz.com/345)

**Jr. Chef USA After School program** for ages 6 – 13. Jr. Chef helps young chefs build a foundation for many essential life skills. Cooking helps kids build self-esteem, learn basic math skills, helps them to be more independent and fosters more family time. For more information, visit [www.jrchefusa.com](http://www.jrchefusa.com)

**BALL-U-MAN** is a sports academy that teaches the fundamentals and advanced techniques in basketball. For more information go to [www.ball-u-man.com](http://www.ball-u-man.com)

**US Sports Institute** is offering a wide array of Sport Programming including SOCCER for Ages 3-7 on Sundays. For more information or to register visit [www.UsportsInstitute.com](http://www.UsportsInstitute.com)

**20 PAWS** offers Dog Training classes on Sundays at the Community Center. For more information go to [www.attitudesinreverse.org](http://www.attitudesinreverse.org)

**For more information on all our programs including Special Needs Youth & Adult programs, Rocky Top Dog Park, Men's Over 30 Basketball, Men's Over 40 Basketball, and Co-ed Volleyball** visit our website at [WWW.SBTNJ.NET](http://WWW.SBTNJ.NET) or call the Recreation Department Mon. – Fri., 8:30am-4:30pm at (732)329-4000, x7671.



"South Brunswick Township Department of Parks & Recreation"