

**IMPORTANT**  
**FALL '08**  
**SPORTS INFORMATION**

**For 7<sup>th</sup> and 8<sup>th</sup> graders**

**State law requires the following:**

1 .Each season a **NEW** parent permission form **AND** Health History Questionnaire need to be completed. They must be completed and dated within 60 days of the beginning of each season (after June 26, 2008 for this upcoming fall season) that an athlete tries out for, or plays, on a school team.

Fall sports include: football, boys' soccer, girls' soccer, boys' cross country, girls' cross country, girls' field hockey, and cheerleading. Cross country is the "no-cut" sport for the fall season. **All fall teams will begin tryouts on Monday, August 25<sup>th</sup>.**

In most cases, students that are "cut" from other sports can be moved to our award winning cross country team the following day.

2. To participate in an interscholastic tryout, each athlete must have the above stated parent permission and health history information completed and turned in. It is also required by state law that a completed state approved physical form be on file. The physical must be dated within the past 365 days of a student's participation. (Ex. If a student's last physical **on file** was done on Oct.1, 2006 ... on Oct. 2, 2007 they will need a new physical to participate.)

The above information must be turned in early enough for our nurses to review the forms, send them to the school doctor for approval (state law), have them returned to our nurse and then filed with the school athletic trainer. This process takes quite some time, especially if there is a question concerning one of the sections of the forms.

Therefore, it is necessary for these forms to be turned in to the Health Office of your child's building no later than **July 18<sup>th</sup>**. If the above forms are returned later than July 18th, there is no guarantee that a student will be able to try out for a fall team.

Fall team tryouts will begin on Monday, August 25<sup>th</sup>. If you have any questions, please feel free to contact our Athletic Coordinator, Rich Verasca at 732-329-4633, Ext. 3940.