

Name of agency or clinician	other point of contact	address	phone #	website	additional info (specialities)
<b>CRISIS</b>					
Acute Psychiatric Services		671 Hoes Lane West, Piscataway, NJ	800-969-5300 (Access Center)	<a href="http://ubhc.rutgers.edu">ubhc.rutgers.edu</a>	provides 24 hour psychiatric emergency services for University Behavioral Healthcare (Rutgers)
Perform Care/ Mobile Response			877-652-7624	<a href="http://www.performcarenj.org">www.performcarenj.org</a>	NJ Children's System of Care- all levels of service and 1-hour mobile response
<b>COMMUNITY RESOURCES</b>					
DBT Center of NJ		168 Franklin Corner Road, Suite B210, Building #2 Lawrenceville, NJ	609-538-9300	<a href="http://www.dbtcenterofnj.com/">http://www.dbtcenterofnj.com/</a>	
Stress & Anxiety Services of NJ		A-2 Brier Hill Court, East Brunswick, NJ	732- 390-6694	<a href="http://www.stressandanxiety.com/">http://www.stressandanxiety.com/</a>	
Perform Care- NJ Children's System of Care	on call intake staff		877-652-7624	<a href="http://performcarenj.org">performcarenj.org</a>	In-home assessments, mobile crisis services, counseling, behavioral support, and case management services
UMDNJ- University Behavioral Healthcare Access Center			800-969-5300	<a href="http://ubhc.rutgers.edu">ubhc.rutgers.edu</a>	referral to local UBHC mental health center, crisis intervention
Family Guidance Center	reach out to access center	2210 Hamilton Ave, Hamilton NJ 08619	609-587-6641	<a href="http://www.fgccorp.org/">www.fgccorp.org/</a>	community based mental health and addictions services- multiple locations
Catholic Charities	Contact access center, they will set up appointment	Access center- Perth Amboy- multiple locations (including East Brunswick)	732-324-8200	<a href="https://catholiccharitiesus">https://catholiccharitiesus</a>	community based mental health and addictions services- multiple locations
AAMH( All Access Mental Health)		819 Alexander Rd, Princeton, NJ	609-452-2088	<a href="http://www.aamh.org/">http://www.aamh.org/</a>	community based mental health clinic
Middlesex County Board of Social Services		181 How Lane New Brunswick, NJ 08903	732-745-3500	<a href="http://middlesexwa.new">http://middlesexwa.new</a>	Administer Federal and State public assistance programs through the prudent use of public funds.
South Brunswick Social Services	Jeanne Wert, Program Coordinator	Municipal Building, Route 522 Monmouth Junction	732-329-4000 X7672	<a href="http://www.sbtjn.net/">http://www.sbtjn.net/</a>	To assist residents in South Brunswick without proper food, shelter, and essential medical care due to a variety of factors including low wages, job loss, injuries, illness, age, domestic violence, or divorce.
LSNJ Free Legal Services		Legal Services of New Jersey P.O. Box 1357 Edison, NJ 08818-1357	1-888-576-5529	<a href="https://www.lsnj.org/">https://www.lsnj.org/</a>	LSNJ coordinates the statewide Legal Services system, which provides free legal assistance to low-income New Jerseyans for their civil legal problems. Through its work, LSNJ strives to secure substantive and procedural justice for those living in poverty.
NJ Division of Child Protection and Permanency, DCP&P	follow prompts to get intake worker		1 877-652-2873		
National Institute on Mental Illness		1562 Route 130, North Brunswick, NJ 08902	732-940-0991	<a href="http://naminj.org">naminj.org</a>	education, support, and public awareness about mental illness with a multicultural resources for Chinese, African American, and South Asian Families
Planned Parenthood - New Brunswick Health Center		10B Industrial Dr, New Brunswick, NJ 08901	732-246-2411	<a href="http://www.plannedparenthood">www.plannedparenthood</a>	A health care provider, an informed educator, a passionate advocate, and a global partner helping similar organizations around the world. Planned Parenthood delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide. - See more at: <a href="https://www.plannedparenthood.org/about-us/who-we-are#sthash.d3Gn3tRC.dpuf">https://www.plannedparenthood.org/about-us/who-we-are#sthash.d3Gn3tRC.dpuf</a>
New Jersey Self-Help Group Clearinghouse			800-367-6274	<a href="http://www.njgroups.org/">http://www.njgroups.org/</a>	Free downloadable Mini-Directories of Self Help Groups for each county or call and someone will locate a group close to you: 800-367-6274
Efrem Foundation- for grieving families		P.O. Box 216 Kingston, NJ08528	732-570-0108	<a href="http://www.efremfoundation.org">www.efremfoundation.org</a>	
Jewish Family Services of Middlesex County		32 Ford Avenue, Second Floor, Milltown, 1600 Perrineville Rd, Suite 52, Monroe, NJ	732-777-1940, 609-395-7979		
Be Well Counseling- Has Hispanic and Indian speaking therapists		285 Durham Ave, Bldg 6, Suite 2A, South Plainfield, NJ	908-548-8533		

AHW Psychological Services,LLC	Amy Herzog Woods, PsyD	50 Princeton-Hightstown Rd,Suite 205, Princeton Junction, NJ	917-566-7687-	
Village Counseling Services		22 Gordon Ave,Lawrenceville, NJ	609-844-0452	<a href="http://www.vcsnj.info">http://www.vcsnj.info</a>

#### EATING DISORDERS

Renfrew Center	Program Infomation Line	174 Union Street, Ridgewood, NJ	800-736-3739
Somerset Medical Center Eating Disorders Program	N/A	110 Rehill Avenue, Somerville, NJ	800-914-9444
University Medical Center of Princeton, Center for Eating Disorders		One Plainsboro Road, Plainsboro, NJ	877-932-8935

#### SUBSTANCE USE/ABUSE

Wellspring (formerly National Council on Alcoholism and Drug Dependence of Middlesex County- NCADD)			732-254-3344	<a href="http://wellspringpreventior">http://wellspringpreventior</a> information and referral source
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#### LGBT

HiTops- Support and Education for GLBTQ PRIDE Center	<a href="http://www.Pridecenter.org">www.Pridecenter.org</a>	21 Wiggins Street, Princeton, NJ 85 Raritan Ave, Suite 100, Highland Park, NJ	609-683-5155 732-846-2232
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#### DOMESTICE VIOLENCE

Women Aware		250 Livingston Avenue, New Brunswick, NJ	732-249-4900
Manavi- Domestic Violence Organization for South Asian Women			732-435-1414

#### HOTLINES

GALY( Gay and Lesbian Youth) NJ- Helpline			973-285-1595
Women Aware Domestic Violence Hotline 24/7			732-249-4504
New Jersey Domestic Violence Hotline			1 (800) 572-SAFE (7233)
New Jersey Coalition Against Sexual Assault (NJCASA) Hotline			1 (800) 601-7200
Women's Referral Central Hotline			1 (800) 322-8092
ALA-CALL/Substance Abuse Hotline- Information and Referral			1 (800) 322-5525
AI-Anon/Alateen ( Family Groups)			973-744-8686
Nar-Anon			800-477-6291
Alcoholics Anonymous(AA)			800-245-1377
Narcotics Anonymous(NA)			732-933-0462
NJ Council on Compulsive Gambling			800-426-2537
National Suicide Prevention Lifeline			